



Blood Far Forward -Military and civilian implementation of RDCR - A novel model of resilience

Three Primary Research Modules

1. *Donor Performance and reinfusion - Donor safety research*

2. *Blood efficacy and safety- Blood Research*

3. *Training and educational requirements*



Norwegian Naval
Special Operation
Commando



Norwegian Armed Forces
Medical Services



HELSE BERGEN
Haukeland universitetssjukehus





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DISCLAIMER

**The opinions or assertions
contained herein are the
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Forces Medical Service**



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NORWAY





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Special Operation
Commando



Norwegian Armed
Forces Medical Services





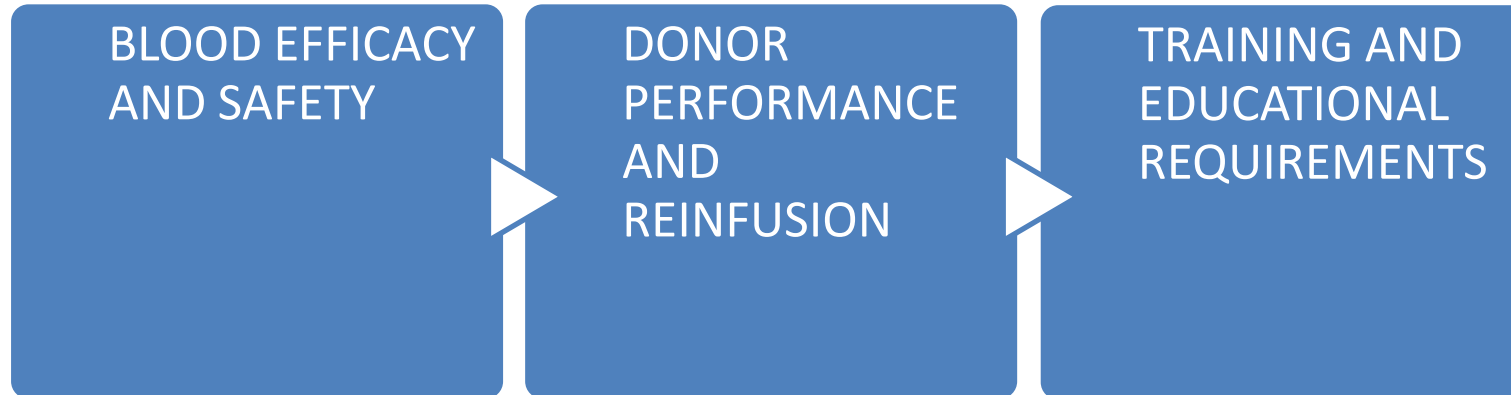
“There are three stages of scientific discovery: first people deny it is true; then they deny it is important; finally they credit the wrong person.”

Alexander von Humboldt (1769-1859)



PROJECT PLAN – 3 MODULES

STIKKORD: GJENNOMFØRBARHET



FROM THE LAB TO THE FIELD





Blood Far Forward Research Group, Bergen



Turid Helen



Einar



Geir



Christopher



Joar



Hanne



Håkon



Tor



Theodor



Torunn



THOR

BFF INTERNATIONAL COLLABORATORS

- **COL Andrew P. Cap, MS, MD, PhD, FACP**
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- **Philip C. Spinella, MD, FCCM**
Professor of Pediatrics, Division of Critical Care Medicine
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Washington University in St. Louis
St. Louis, Missouri USA
- **THOR NETWORK**
- **75TH RANGER REGIMENT**
- **SPECIAL OPERATION WARFARE DEVELOPMENT GROUP**
- **CANSOF**
- **UK Military Blood Program**

BLOOD FAR FORWARD

- Development of a safe and logistically feasible method to provide optimal blood products for prehospital resuscitation to reduce death from hemorrhage.





Development of Norwegian Naval SOF Prehospital Whole Blood Program

- Education and training program started in 2010
- Whole blood and freeze dried plasma as primary resuscitation fluids for hemorrhagic shock prehospital
- Research program in parallel with implementation

DONOR PERFORMANCE
BLOOD EFFICACY AND SAFETY
TRAINING REQUIREMENTS

DONOR PERFORMANCE



OVERVIEW DONOR PERFORMANCE

2011 - Donor performance 1.0

25 x SOF

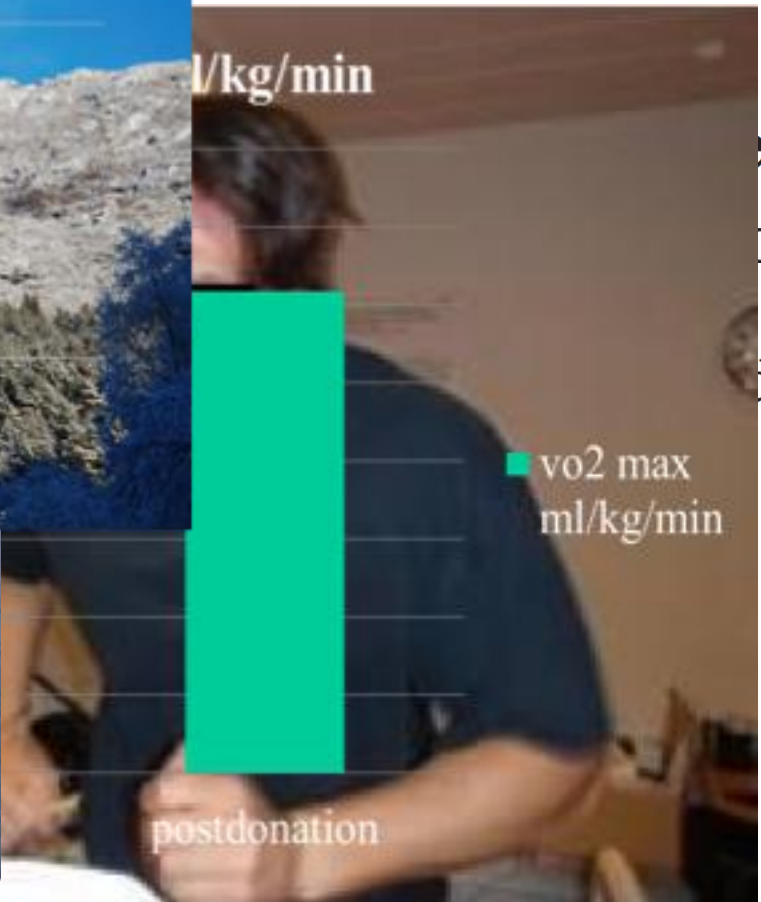
2013 - Donor performance 2.0

13 x SOF

2016 - Donor performance 3.0

60 x Average Joe





LECTION

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Variable	Group	Pretest	Retest	Difference value (%)	P-value
ETT (seconds)	D	968 (33)	876 (60)	-92 (-9.5)	0.006
	ND	970 (39)	937 (71)	-33 (-3.4)	0.124
VO ₂ max (mL·kg ⁻¹ ·min ⁻¹)	D	56.0 (3.0)	52.0 (3.4)	-4.0 (-7.1)	0.001
	ND	57.8 (3.6)	57.8 (5.3)	0	1.00
VO ₂ max (L·min ⁻¹)	D	4.91 (0.30)	4.36 (0.35)	-0.55 (-11.2)	<0.001
	ND	5.03 (0.65)	4.85 (0.54)	-0.18 (-3.6)	0.128
Body weight (Kg)	D	87.7 (3.8)	83.9 (3.6)	-3.8 (-4.3)	0.001
	ND	87.5 (15.3)	84.6 (14.3)	-2.9 (-3.3)	<0.001
HF _{peak} (beats·min ⁻¹)	D	196 (2)	192 (6)	-4 (-2.0)	0.181
	ND	192 (9)	184 (11)	-8 (-4.2)	0.085



ments:

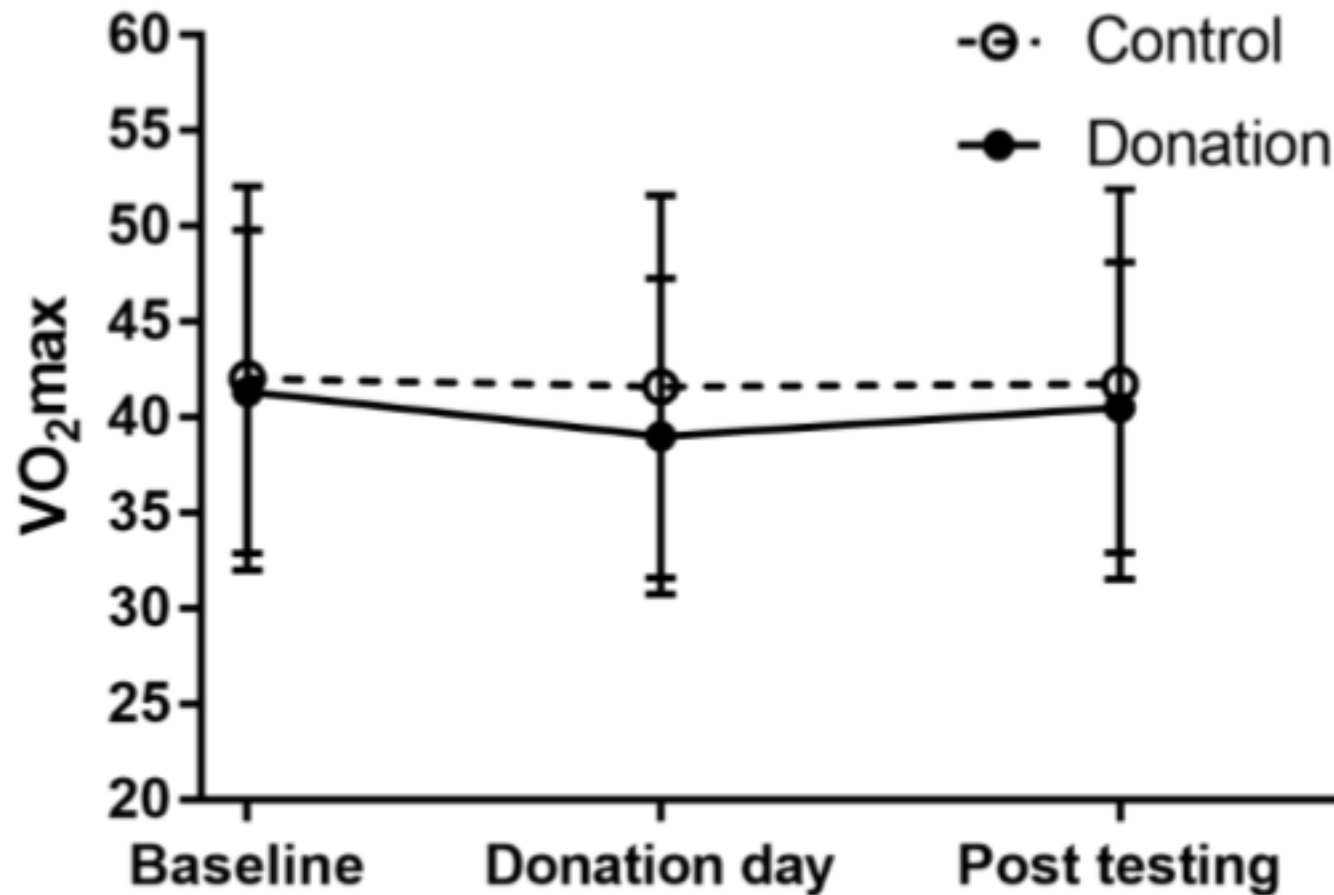
1,2,5

Do



Journal of Trauma and Acute Care Surgery

Immediate effects of blood donation on physical and cognitive performance - A randomized controlled double blinded trial.



STAFF OFFICERS AS BLOOD SUPPLIERS: EFFECTS OF REPEATED DONATIONS AND AUTOLOGOUS REINFUSIONS OF UNTRANSFUSED UNITS (JOT)

This is a single-center cohort study approved by the local ethics committee. The cohort consisted of 9 voluntary staff officers who consented to donate whole blood up to 5 times during a 5-week period and to get the unit re-infused after 24 hour storage at 4 °C. This simulates the period where the blood is available for emergency transfusion during a high-risk mission before it is reinfused to the donor.



CURRENT OPINION

What is the evidence of utility for intraosseous blood transfusion in damage-control resuscitation?

Melvyn Harris, MD, Robert Balog, MS, PhD, *and* Gavin Devries, MS

J Trauma Acute Care Surg
Volume 75, Number 5

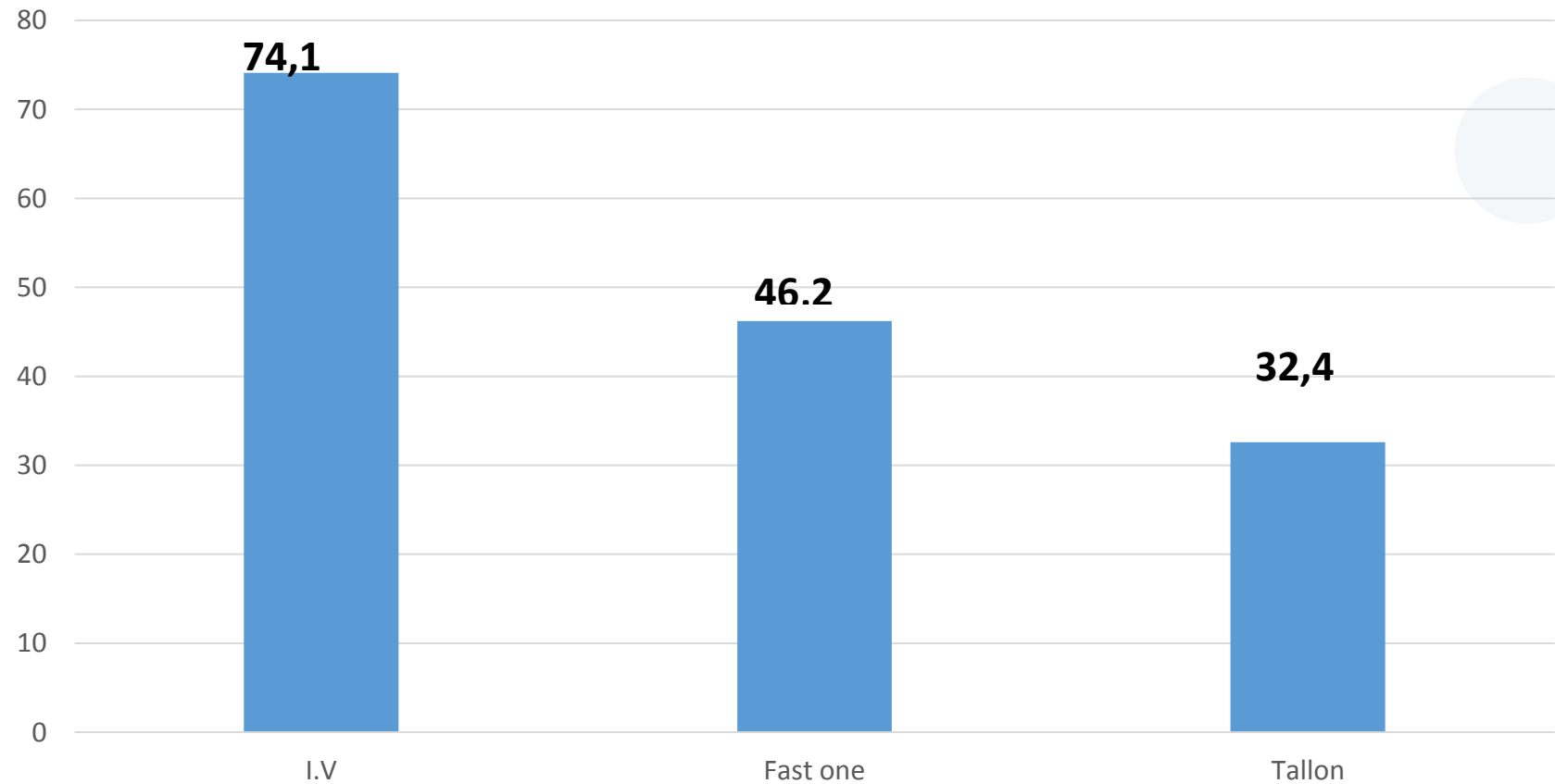
Emergency sternal intraosseous access for warm fresh whole blood transfusion in damage control resuscitation.

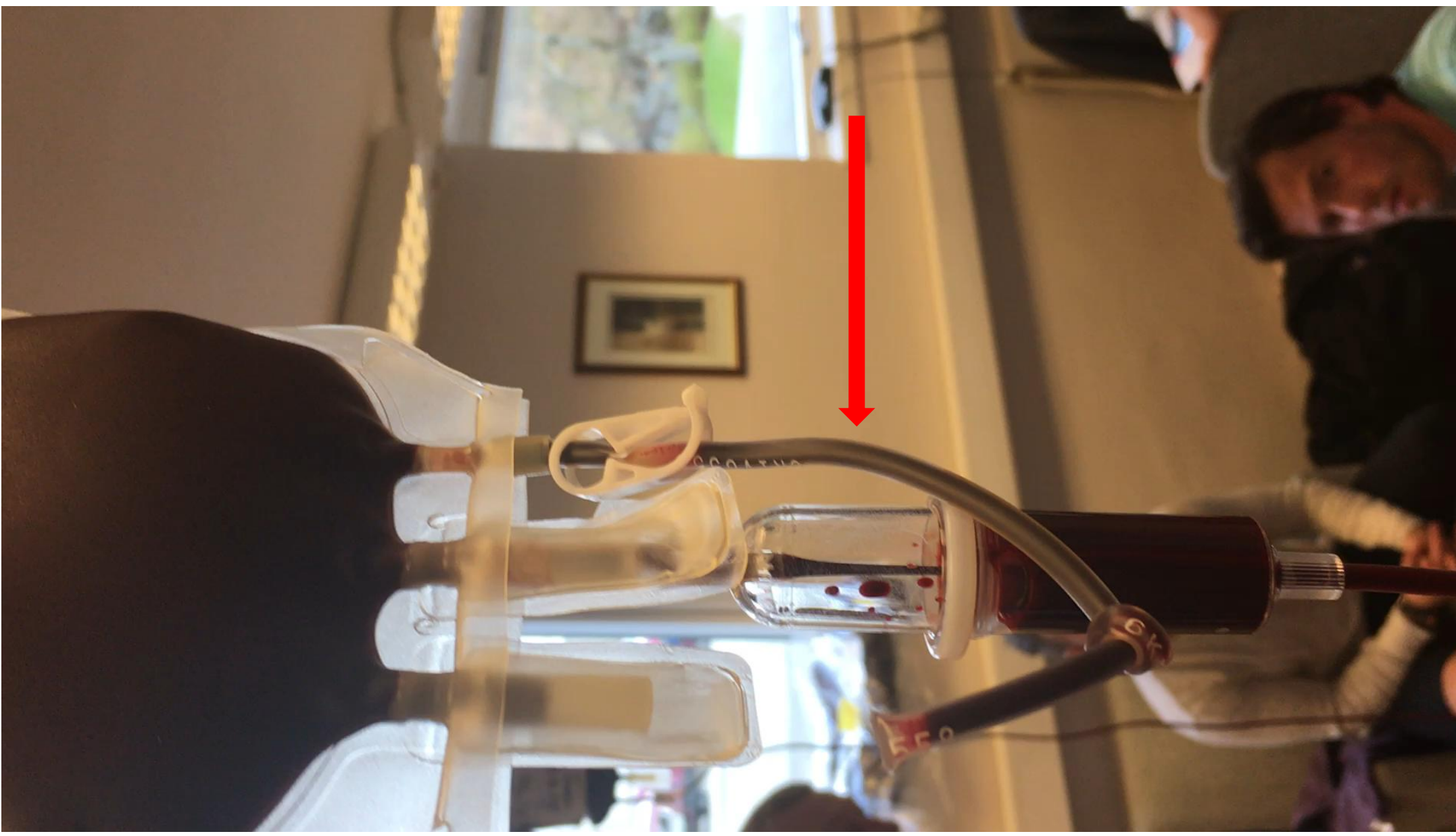
Bjerkvig CK, Fosse TK, Apelseth TO, Sivertsen J, Braathen H, Eliassen HS, Guttormsen AB, Cap AP, Strandenes G



REINFUSION RATES IN ML/MIN

N=10 IN EACH GROUP





BLOOD EFFICACY AND SAFETY BLOOD RESEARCH

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1. *Donor Performance and reinfusion -
Donor safety research*

2. *Blood efficacy and safety- Blood
Research*

3. *Training and educational
requirements*

VITRO STUDIER

KLINISKE STUDIER

OVERVLDERINGS STUDIER



FOU
LAB





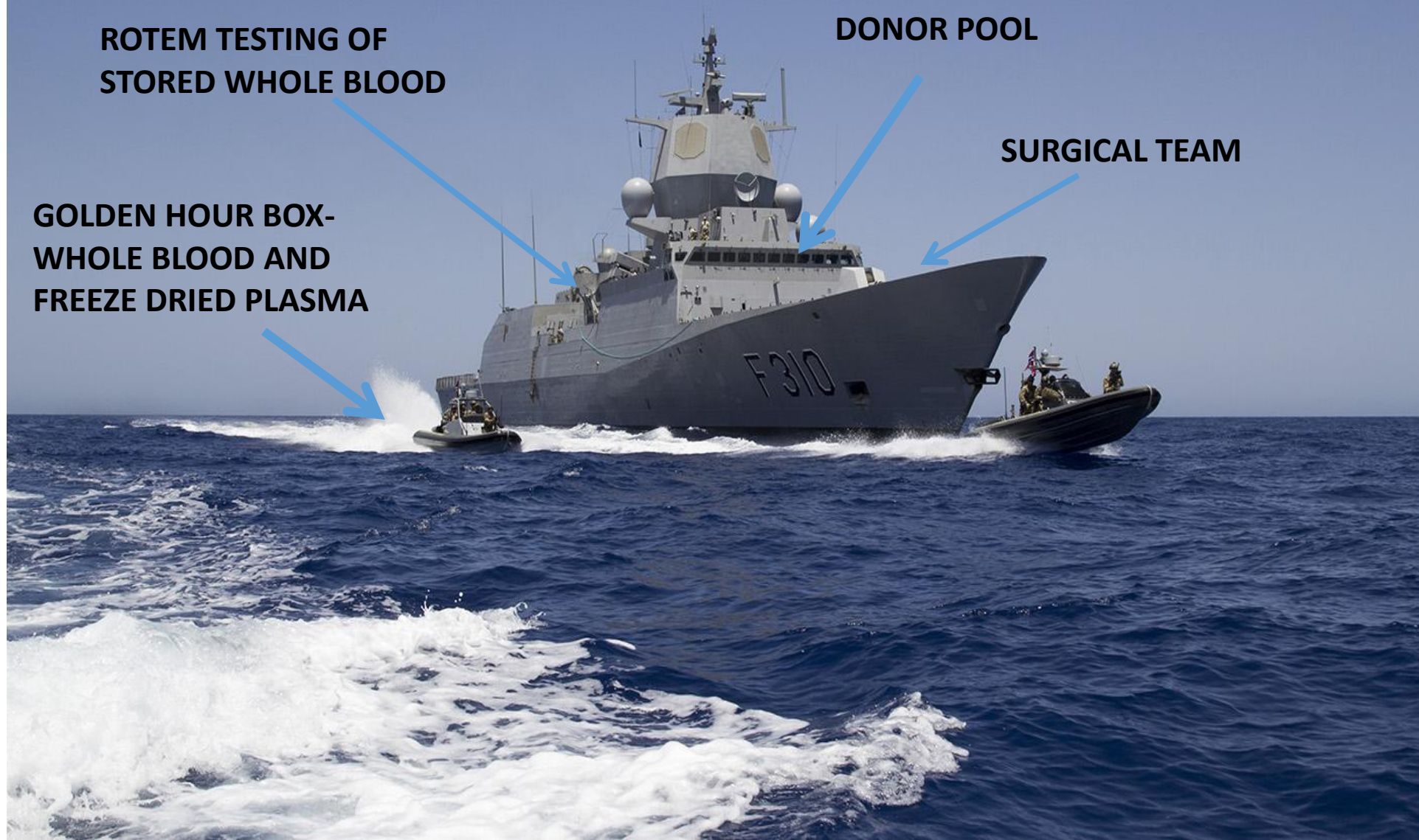
THE TESTBED FOR A WHOLE BLOOD BASED STRATEGY- ANTIPIRACY IN THE GULF OF ADEN

ROTEM TESTING OF
STORED WHOLE BLOOD

DONOR POOL

SURGICAL TEAM

GOLDEN HOUR BOX-
WHOLE BLOOD AND
FREEZE DRIED PLASMA



In Vitro Studies Of Cold Stored Leukoreduced Whole Blood



- Imuflex® WB-SP
- Polyurethane
- Platelet recovery
- Wbc removal
- Platelet function

Coagulation function of

+

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file:///C:/Users/Ugradert/Documents/artikler/mine%20artikler/Coagulation%20function%20of%20stored%20whole%20blood%20is%20pres

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☆ Suggested Sites

☆ Web Slice Gallery

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ORIGINAL ARTICLE

Coagulation function of stored whole blood is preserved for 14 days in austere conditions: A ROTEM feasibility study during a Norwegian antipiracy mission and comparison to equal ratio reconstituted blood

Geir Strandenes, MD, Ivar Austlid, MD, Torunn O. Apelseth, MD, PhD, Tor A. Hervig, MD, PhD, Jan Sommerfelt-Pettersen, MD, Maryanne C. Herzig, PhD, Andrew P. Cap, MD, PhD, Heather F. Pidcock, MD, PhD, and Einar K. Kristoffersen, MD, PhD, *Bergen, Norway*

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📶 🔊 🔋 NOB 17:41 07.10.2017 2

Preparation of leukoreduced whole blood for transfusion in austere environments; effects of forced filtration, storage agitation, and high temperatures on hemostatic function.

Sivertsen J, Braathen H, Lunde THF, Spinella PC, Dorlac W, Strandenes G, Apelseth TO, Hervig TA, Kristoffersen EK.
J Trauma Acute Care Surg. 2018 Jun;84

Is Blood Fragile?





IN PREPARATION

- **The quality of red cell concentrates produced from whole blood stored for 7 days at 4°C**
- **The in vitro quality of cold stored leukocyte-reduced whole blood**

IN PREPARATION

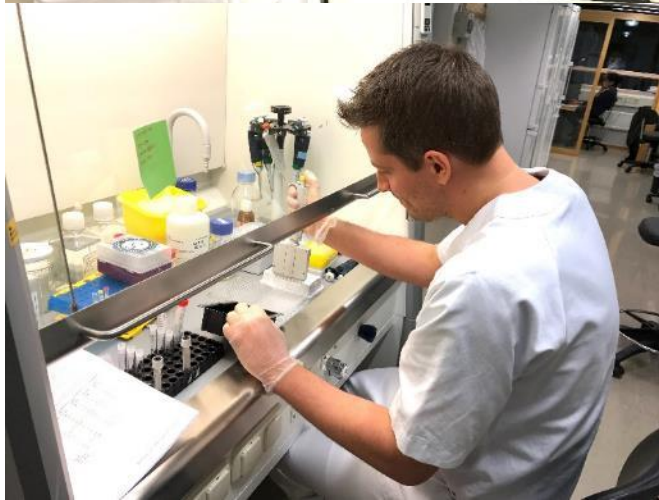
- **FORWARD STORAGE OF WHOLE BLOOD**
- **QUALITY AFTER STORAGE IN CLOSED GOLDEN HOUR BOXES**



PLANNED IN VITRO

- **LEUKOCYTE FILTRATION CPDA WHOLE BLOOD(ONGOING)**
- **«SEAHORSE» Mitochondriell stresstest :
HYPOTHESEGENERERENDE**

KURS 28.1117



SEAHORSE

Functional mitochondrial measurements are key to understanding cellular activation, proliferation, differentiation and dysfunction. The Seahorse XF Cell Mito Stress Test provides a complete mitochondrial profile in intact cells and reveals critical information not evident in basal metabolism measurements alone.

DEL AV DOKTORGRADS ARBEIDET TIL FOSSE OG BJERKVIG. TETT SAMARBEID M USAISR

CLINICAL STUDIES

Cold stored platelets in treatment of bleeding

T. O. Apolseth,^{1,2} A. P. Cap,³ P. C. Spinella,⁴ T. Hervig^{2,5,6} & G. Strandenes^{2,6}

¹Laboratory of Clinical Biochemistry, Haukeland University Hospital, Bergen, Norway

²Department of Immunology and Transfusion Medicine, Haukeland University Hospital, Bergen, Norway

³U.S. Army Institute of Surgical Research, FT Sam Houston, San Antonio, TX, USA

⁴Division of Critical Care, Department of Pediatrics, Washington University in St. Louis, St. Louis, MO, USA

⁵Institute of Clinical Science, School of Medicine and Dentistry, University of Bergen, Bergen, Norway

⁶Norwegian Armed Forces Medical Services, Oslo, Norway



Is it Time to Reconsider How Platelets Are Stored?

AABB session 2017

Geir Strandenes, MD

Senior Anesthetist

Dept of War Surgery and Emergency Medicine

Norwegian Armed Forces Medical Services

Co-Chair Thor Network

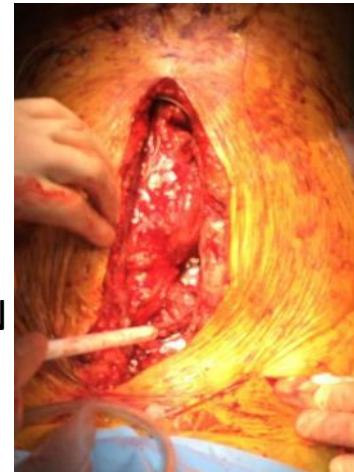
Dept. of Immunology and Transfusion Medicine

Transfusion With Cold Stored Platelets In Patients Undergoing Complex Cardiothoracic Surgery With Cardiopulmonary Bypass Circulation:

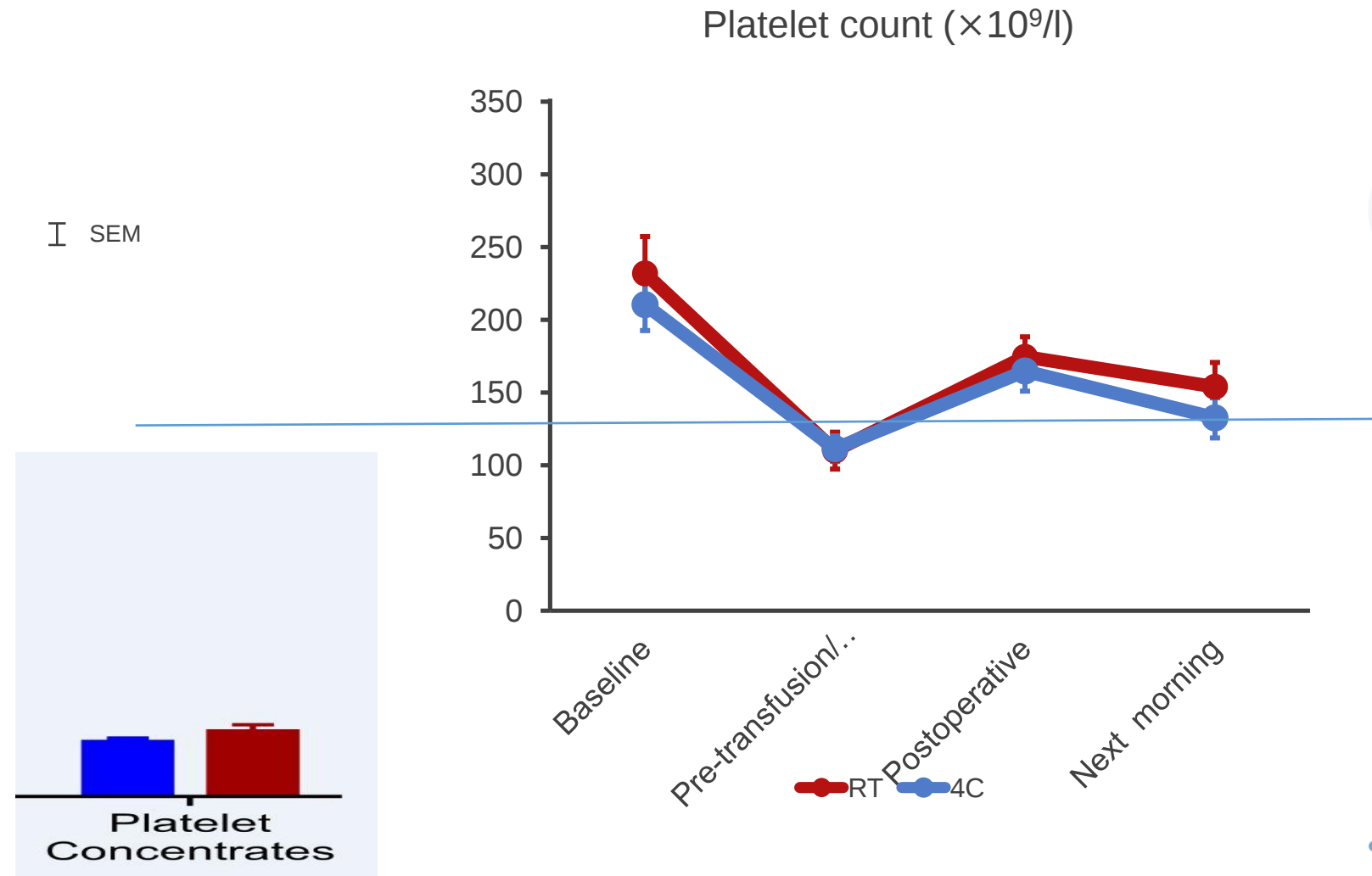
Effect On Bleeding, platelet-aggregation, viscoelastic essays and Risk

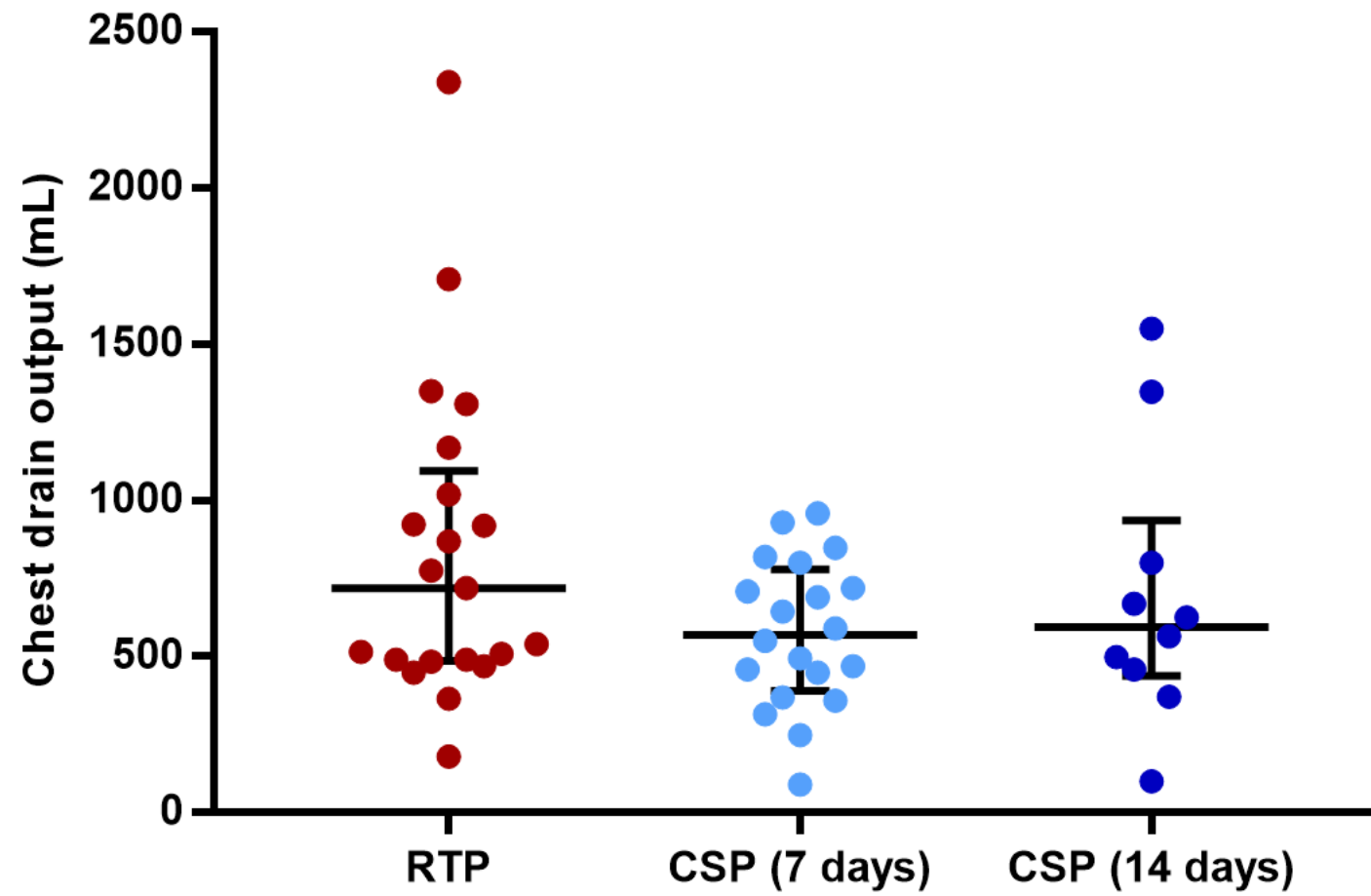


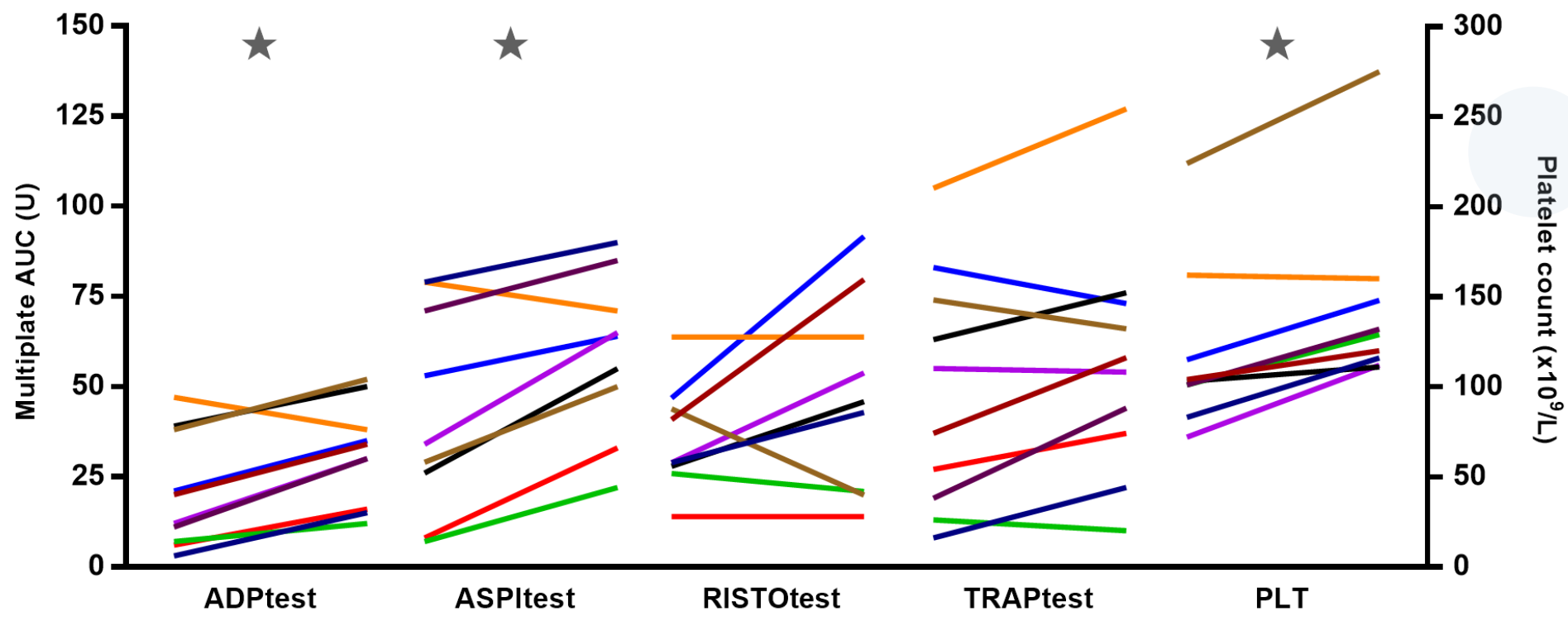
FUNDED BY THE NORWEGIAN
ARMED FORCES MEDICAL
SERVICES



Platelet transfusions and total platelet counts







FUTURE STUDIES IN THE PIPELINE

- FOLLOW UP OBSERVATIONAL STUDY OF PREHOSPITAL CWB USE
- FOLLOW UP PATIENT RECEIVING CWB IN HOSPITAL AS PART OF MASSIVE TRANSFUSION PROTOCOL
- RANDOMISED STUDY IN CARDIOTHORACIC SURGERY WHOLE BLOOD :«CUT OFF» FOR PLATELET FUNCTION – SHELF LIFE IMPACT ON CLINICAL OUTCOME
- COLD STORED PLATELETS UNTIL DAY 21 OF STORAGE – CLINICAL PILOT STUDY

TRAINING AND EDUCATIONAL REQUIREMENTS

[A proposed field emergency donor panel questionnaire and triage tool.](#)

Doughty H, Thompson P, Cap AP, Spinella PC, Glassberg E, Skogrand Eliassen H, De Pasquale M, **Strandenes G**.

Transfusion. 2016 Apr;56 Suppl 2:S119-27

[Tactical Damage Control Resuscitation.](#)

Fisher AD, Miles EA, Cap AP, **Strandenes G**, Kane SF.

Mil Med. 2015 Aug;180(8):869-75.

[Emergency whole-blood use in the field: a simplified protocol for collection and transfusion.](#)

Strandenes G, De Pasquale M, Cap AP, Hervig TA, Kristoffersen EK, Hickey M, Cordova C, Berseus O, Eliassen HS, Fisher L, Williams S, Spinella PC.

Shock. 2014 May;41 Suppl 1:76-83.

[Blood Far Forward--a whole blood research and training program for austere environments.](#)

Strandenes G, Cap AP, Cacic D, Lunde TH, Eliassen HS, Hervig T, Spinella PC.

Transfusion. 2013 Jan;53 Suppl 1:124S-130S

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TRAINING AND EDUCATIONAL REQUIREMENTS

- PROTOCOL FOR PREHOSPITAL FWB/CWB TRANSFUSION 2013
- CLINICAL PRACTICAL GUIDELINE CHANGE – WB AS PRIMARY RESUSCITATION FLUID FOR THE ENTIRE FORCE
- NATO ACCREDITED EDUCATIONAL PROGRAM «NORDIC SOCOM AND ISTC PFULLENDORF
- PUBLISHED ALSO HERE : <http://rdcr.org/education/educational-materials/>

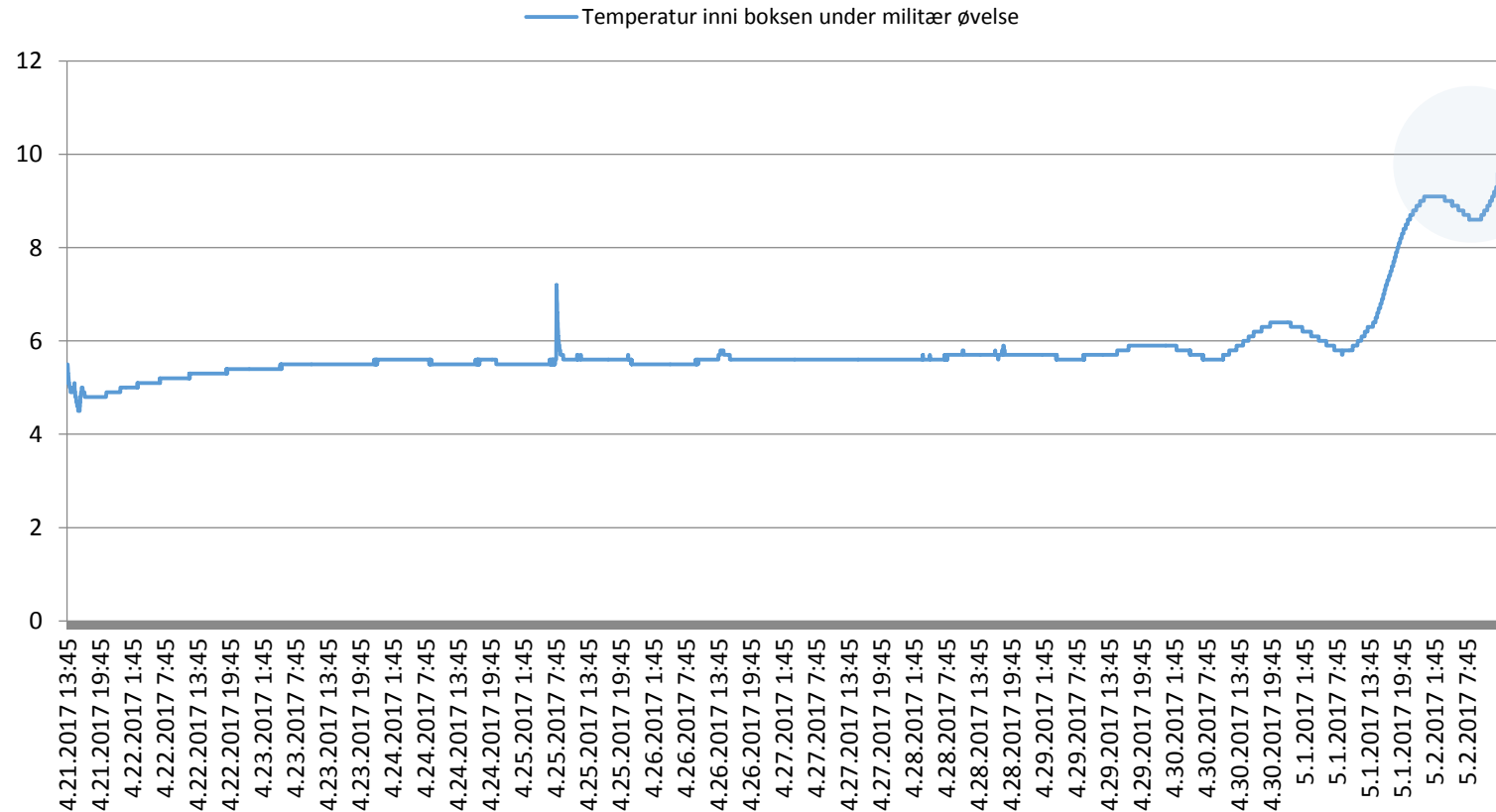
VALIDATION AND QUALITY CONTROLS

Validations

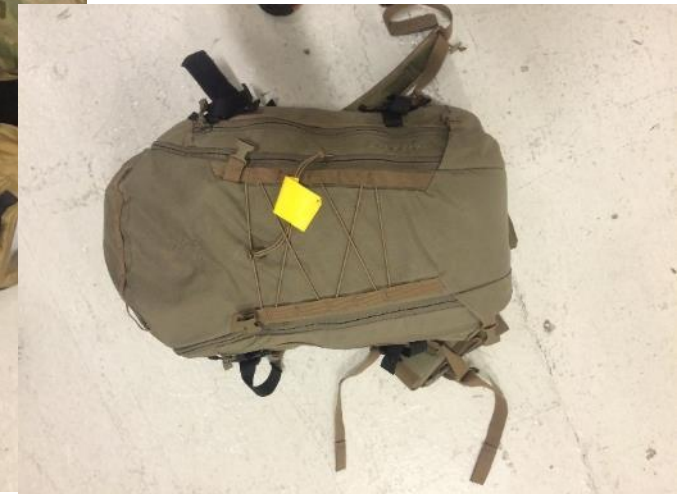
- Golden Hour Boxes (GHB), series 4 (2, 16, 28 & 56 liter)
 - Storage under extreme conditions (4°C, 0-20, -40, +50)
- Libero Ti1 temploggers
- Validation of 30 collection sets for WB Imuflex®-WB-SP before leukoreduced WB used as standard in the blood bank

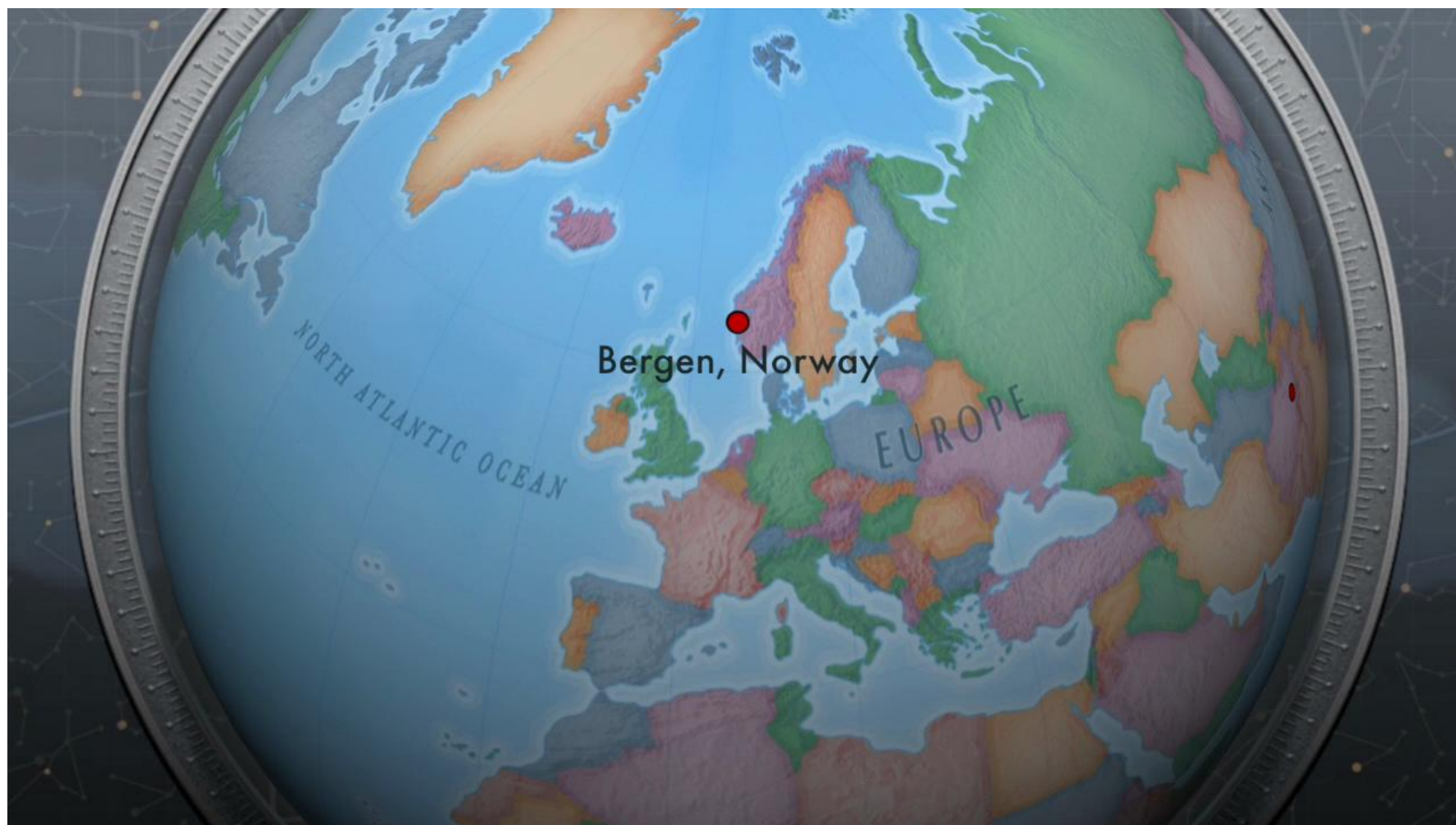
Ambient

Control of internal temperature during military exercise. Nine days to the temperature exceeded 6 ° C, ten days until the temperature exceeded 8 ° C.



WHOLE BLOOD TO THEATRE IN GOLDEN HOURS





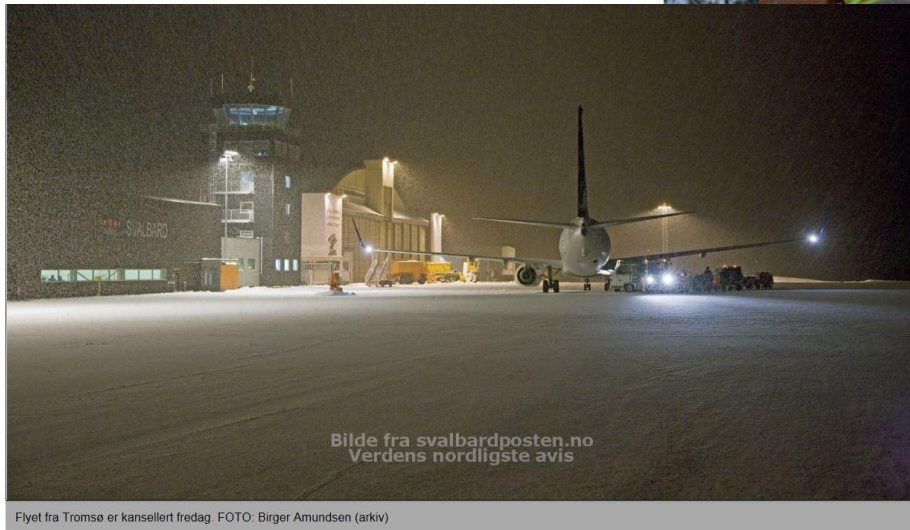
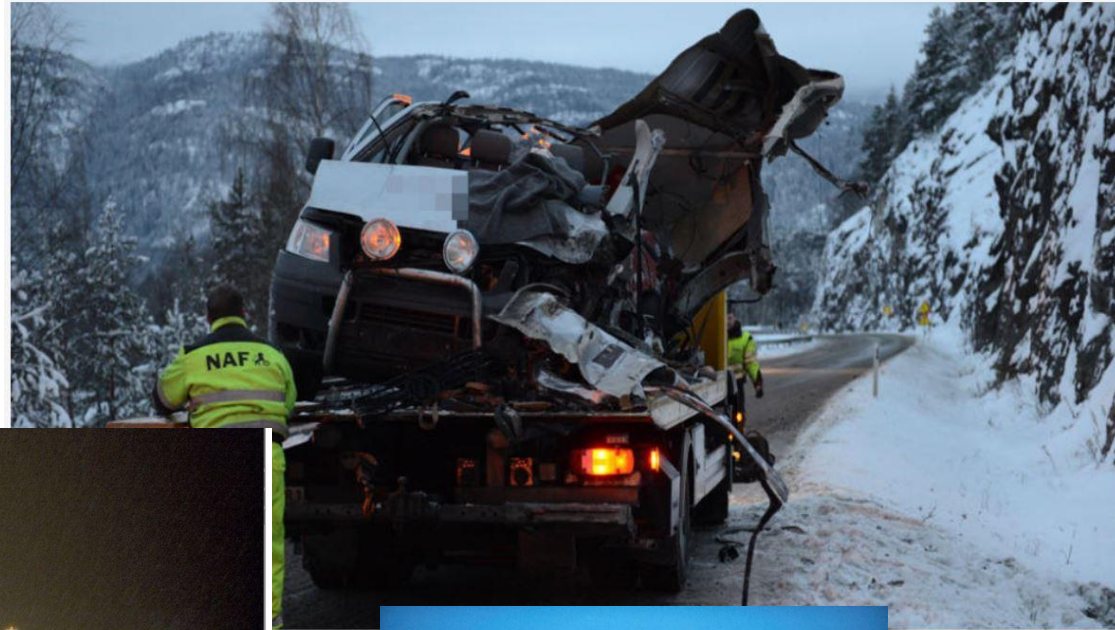
- **In Norway all Blood Banks are hospital-based**
- All blood banks collect blood
- 20 out of 50 acute hospitals without platelets



However, our geography and climate do not always cooperate.



Forsiden > Nyheter > Innenriks



Flyet er kansellert

Dårlig vær i Longyearbyen gjør at SAS-flyet fra Tromsø er kansellert fredag.





- Prehospital blood transfusion and local blood preparedness plans are therefore important!

Since all blood banks can collect blood, they have the resources to provide themselves with whole blood at demand.

Implementation of a Whole Blood program in Bergen



**RBC
Air Ambulance
July 2014**

**Whole Blood
Air Ambulance
December 2015**

**Whole Blood in
hospital
Massive
Transfusion
Packages
December 2017**

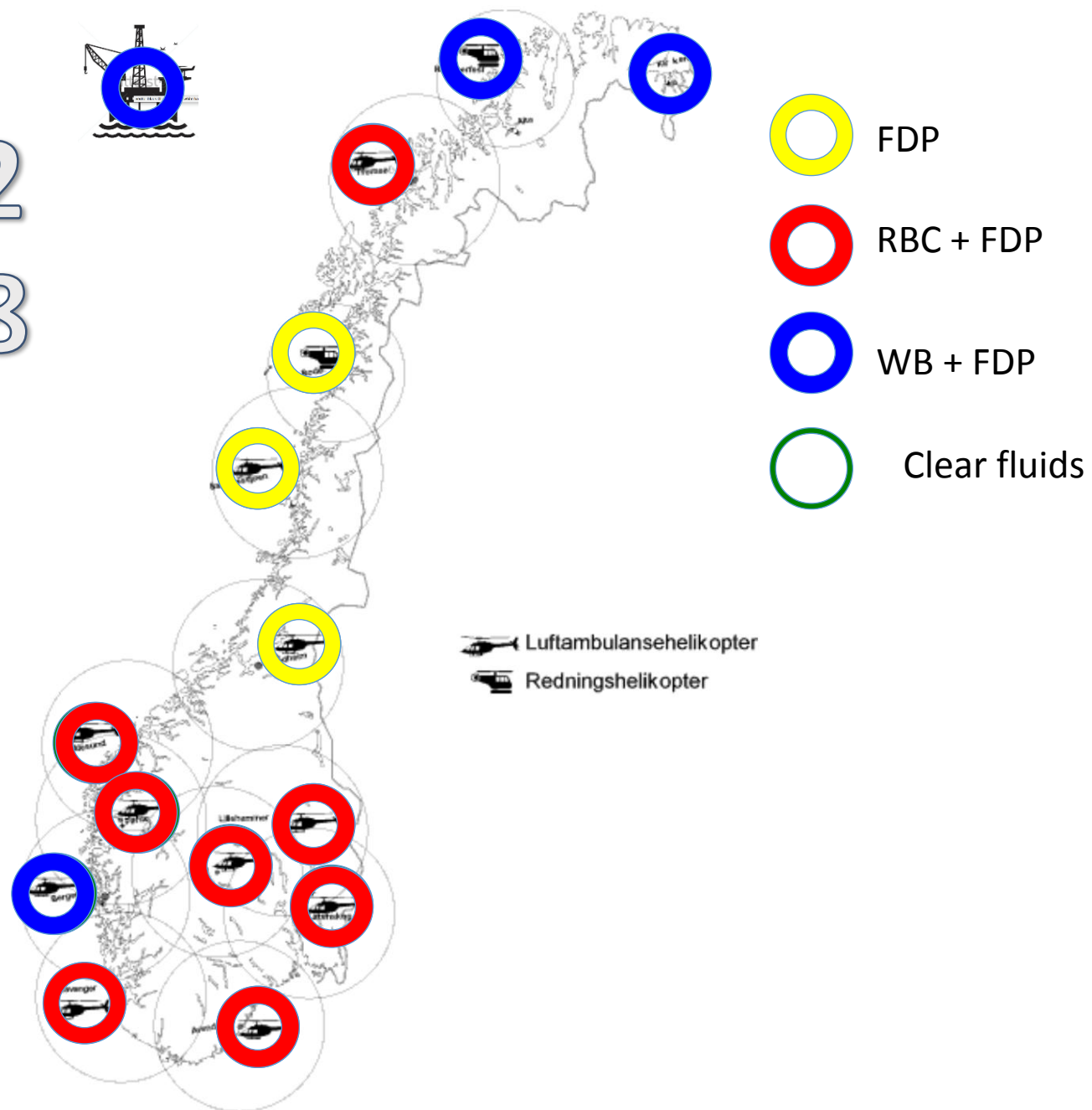
**Freeze Dried Plasma
Air Ambulance
2013**

Massive Transfusion Packages in Bergen

- Whole blood based MTP
 - -4 units Low Titer Group O
 - Oneg, K neg: female < 50 y
 - Opos, K neg: male, female > 50 y
- Component based MTP
 - 6 RBC
 - 6 SD-plasma
 - 2 Platelet Concentrate
- Children:
 - Both MTPs available
 - Reduced number of units



2012
2018





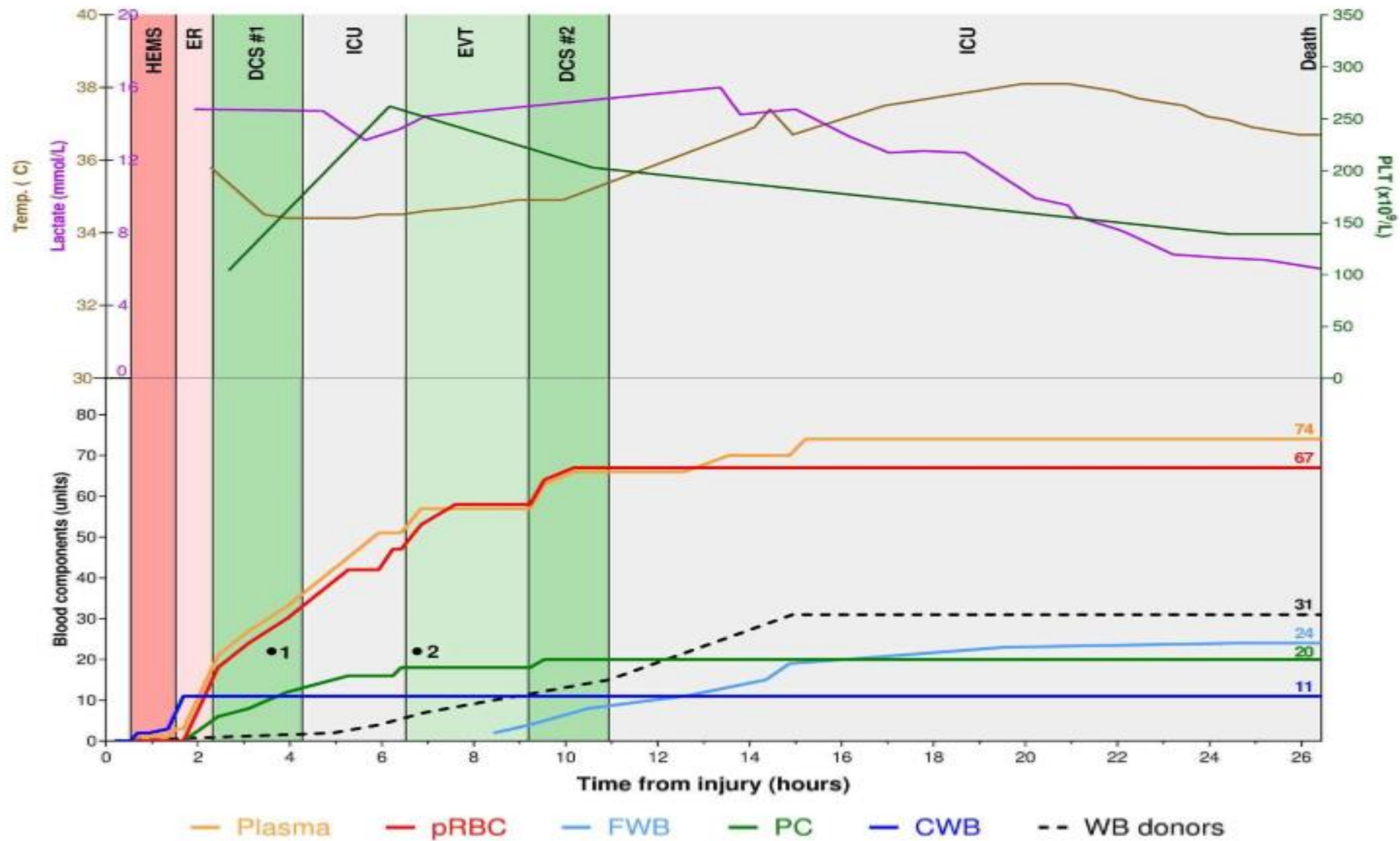
Cold is good for you...




THOR

CASE PRESENTATION

HOW 1 CASUALTY DEPLETED THE
PLATELET INVENTORY IN THE SECOND
LARGEST BLOOD BANK IN NORWAY



HEALTH DIRECTORATE WORKING GROUP

- WORKING GROUP MANDATE
- CREATE A PLAN FOR NATIONAL PREPAREDNESS AND RESUPPLY OF BLOOD AND BLOOD PRODUCTS IN PEACETIME/CRISIS/WAR

THE WAY FORWARD FOR BFF

- NORDIC COLLOBORATION FDP
- SYNCRONISE NORDIC APPROACH
- TRAINING/EDUCATION PROGRAM FOR THE ENTIRE FORCE (THATS WHERE THE MONEY SHOULD BE PUT)
- RECRUITMENT OF EMERGENCY DONORS
- LOCAL CIVILAIN PREPAREDNESS – EDUCATE THE CIVILIAN HEALTH CARE SYSTEM
- CONTINUE BFF RESERACH



BFF

FORSVARET

- NATO ACCREDITED TRAINING PROGRAM
- WHOLE BLOOD IMPLEMENTATION THE ENTIRE FORCE FOR RDCR AND DCR
- FDP IN CIVILIAN HOSPITALS
- FDP/Prbc/WB IN HEMS
- MILITÆR COLD CHAIN SOLUTION IMPLEMENTED IN CIVILIAN SECTOR
- WHOLE BLOOD IN TRAUMA CIVILIAN
- COLD PLATELETS WILL CHANGE TRANSFUSION POLICY MIL/CIV ??
- PREPAREDNESS PLANNING
- WBB IN CIVILIAN HOSPITALS?
- THOR ANNUAL CONFERENCE
- INTERNATIONAL RESEARCH COLLOBORATION

**“THE WHOLE IS GREATER THAN
THE SUM OF ITS PARTS”**

-ARISTOTLE



Acknowledgements

- The Blood Far Forward group in Bergen:

- Torunn O Apelseth, MD, PhD
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- Theodor K Fosse, MD
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- Hanne Braathen, BSc
- Joar Sivertsen, BSc
- Venny Kvalheim, MD, PhD
- Rune Haaverstad, MD, PhD

- Håkon Eliassen, Stud Med

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Department of immunology and transfusion medicine, Department of Anaesthesia and Intensive Care, Section of Cardiothoracic Surgery, Department of Health Disease, and Laboratory of Clinical Biochemistry, Haukeland University Hospital, Bergen, Norway
Institute of Clinical Science, School of Medicine and Dentistry, University of Bergen, Norway
Norwegian Naval Special Operations Commando
Norwegian Armed Forces Medical Services

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Division of Critical Care Medicine, Clinical Care Translational Research Program, Washington University, St. Louis, US

Advisors, debaters and critics in the THOR Network

